



## **DELTA COUNTY SENIOR RESOURCE COUNCIL**

**FOR IMMEDIATE RELEASE**

**FOR MORE INFORMATION CONTACT:**

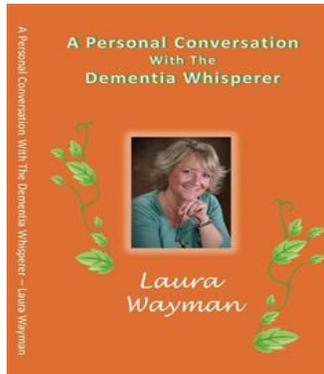
Ora Lee, Comfort Keepers (970) 201-7684

[oralee@comfortkeepers.com](mailto:oralee@comfortkeepers.com) OR Leah M. Lewis, DCSRC (970) 712 2295, [leahmlewis@hotmail.com](mailto:leahmlewis@hotmail.com)

**In the month of June On The Longest Day, we honor the strength, passion and endurance of those facing Alzheimer's .**

*Bringing Light into the Dark world of Dementia" A new and innovative approach to Dementia Care*

*Laura Wayman, internationally renowned Dementia Expert endorsed by Johns Hopkins Publishers will be visiting Grand Junction, Delta and Montrose to offer help for the families*



**FREE COMMUNITY EVENTS ARE HELD AT THE FOLLOWING LOCATIONS:**

**June 25-** 2:00pm - 4:00 pm Atrium of the Grand Valley

**6:00-8:00** Fruita Community Center Sponsored by Family Health West

**June 26- 8:15 am** DCSRC at Delta Memorial Hospital, **10:30 am** Family Health West Fruita, **2:00 Pm** Aspen Ridge Grand Junction, **7:00 PM** Comfort Keepers office Grand Junction

This **FREE** event, sponsored by Comfort Keepers and Delta County Senior Resource Council (DCSRC) for families & professionals caring for loved ones stricken with the disease.

There are approximately 16 million people caring for someone with some form of dementia. Sixty percent of the time, caregivers of memory challenged adults get sick and pass away before the patients. That's something Ms. Wayman experienced herself. Her mother, who was her father's caregiver, died of a heart attack before he passed away. "That's especially a shock to me in the business to realize there's not a lot of support and encouragement for caregivers," Wayman said.

"Wayman, who has a degree in gerontology, said she's always been interested in helping people age successfully. She has developed a program, The **Dementia Whisperers**, for caregivers. In addition she teaches a three-hour class for caregivers "That class will be full and those caregivers are so hungry for information," she said. "They come up after class and they'll e-mail. They just need the support. It is just overwhelming"

Her book, "A Loving Approach to Dementia Care," was the logical next step, the book was so innovative that it was endorsed and published by Johns Hopkins University Press. "The book is full of those ideas. You have to learn to speak dementia. That's a special language. That's when you'll have those connections and get that cooperation. That's huge

"A Loving Approach to Dementia Care" by Laura Wayman See [laurawayman.com](http://laurawayman.com) or [dementiawhisperers.com](http://dementiawhisperers.com) or [press.jhu.edu](http://press.jhu.edu).